

Neuroscience & Support Skills Symposium

Save the Date: October 22nd-23rd

Our 4th Annual Neuroscience & Support Skills Symposium is just around the corner. We have been working hard to secure the best speakers and demonstrations for this year's event. Check out the schedule of events and register for free at <http://territorynri.com/2018-neuroscience-support-skills-symposium/>



Featured Events This Month

Cooking with Chef Parcenué

August 15th, 6:30pm-7:30pm @ Territory Neurology & Research Institute

Join Chef Steven Parcenué of Wild Garlic Grill in learning to cook with neurological disability. Chef Parcenué has years of experience cooking with people from the MS community and he has designed this live demonstration with mobility issues in mind. Come boost your culinary prowess and enjoy good food!



Hanging out with Handi-Dogs

August 21st, 10:00am-11:00am @ Territory Neurology & Research Institute

Sue and her furry friend Darcey will be coming to talk about how service dogs can assist people with neurological disability. The talk will include a live demonstration with Darcey, as well as an opportunity for questions and answers. Learn about dog training, service animals, or just come to give Darcey some cuddles.

Nutrition and You!

August 22nd, 10:00am-11:00am @ Territory Neurology & Research Institute

Hana Feeney, registered dietician and founder of *Nourishing Results*, will be teaching us about dietary choices and the health benefits of certain foods. Miss Feeney takes a unique mind-and-body approach to wellness that she has fine-tuned over years of experience working with chronic conditions. Take the first step towards wellness and learn about nutrition and you!

nourishing **results**

nutrition consultation & coaching



Building MS Support for a Younger Audience

At Territory, we recognize the growing need for support services for younger people with an MS diagnosis. As such, we are developing a support group to serve this population in the hopes of creating a relaxed and comfortable environment where people can relate to each other and share their experiences. If you or a loved one is a young adult with MS, please reach out to us at info@territorynri.com or give us a call at 520-742-1833.

Get To Know Tucson!

Explore more of what Tucson has to offer with these upcoming events taking place in August

Free Music in Marana

Saturday, August 4th from 7pm-9pm

Gather A Vintage Market

Thursday, August 9th at 10am

World Margartia Championship

Friday, August 10th from 6pm-9pm

Yoga at Reid Park

Sunday, August 12th, from 8am-9am

Monsoon Drip Painting @ Corbett Brewery

Friday, August 17th, from 6:15pm-11:59pm

Walk, Jog, Run 5K at Colossal Cave

Saturday, August 18th from 6:30am-9:30am

Check out event details and other great events at <https://tucson.com/thisistucson/calendar/>

Test Out Your Trivia Knowledge

1. What continent has the fewest flowering plants?
2. The May Queen, Wisley Crab, and Foxwhelps are all species of what?
3. Who averaged one patent for every three weeks of his life?
4. What is a water moccasin often called, due to the white inside its mouth?
5. Name the world's biggest island.
6. How many squares are there on a standard chess board?
7. What was the first toy ever advertised on TV?

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Answers to Last Issue's Trivia

1. 117 degrees
2. Mawsin, arabic for season
3. June 15th
4. 11 year old Frank Epperson
5. Amateur baseball game played on the summer solstice in Alaska from 10:30pm - 1am